

TUPPER LAKE CENTRAL SCHOOL DISTRICT

...Where excellence is no accident



Tupper Lake, NY 12986
www.tupperlakecsd.net

District Offices
294 Hosley Avenue
518-359-3371 ext. 1000
518-359-7862 (fax)

Middle/High School
25 Chaney Avenue
518-359-3322 ext. 2000
518-359-9636 (fax)

LP Quinn Elementary School
294 Hosley Avenue
518-359-2981 ext. 1004
518-359-3415 (fax)

September 12, 2017

This letter is posted on our website, www.tupperlakecsd.net. Choose the "Departments" tab, select Guidance from the drop down box then, under Content, click "Welcome TLMHS Class of 2018". All of the links will bring you directly to the live sites in the letter.

Dear Seniors and Parents/Guardians:

It's hard to believe the Class of 2018 will be graduating in less than ten months! This will, no doubt, be the busiest year of your high school career. It is critical that you stay in contact with the guidance office and stay organized during the next few months so that we can work together to insure a successful future. Whether you are planning to enter the work force, the military or post-secondary education, there are many tasks that need to be accomplished throughout the year.

College-bound students should plan to take the SAT or ACT this fall. Follow these links to view test dates, information and registration instructions for up-coming tests. <http://sat.collegeboard.com/home> www.act.org/student

College-bound students should have a list of schools they intend to apply to. Campus visits should be one of the first methods of refining this list. If you need help creating or narrowing down your list, please contact the guidance office for an appointment this month. All applications should be completed well before the Christmas break. Two helpful links are www.commonapp.org and www.suny.edu/student

If your applications require a letter of recommendation, you must ask for these at least two weeks in advance of when you need them. Most teachers and employers are happy to write such letters but cannot do so without appropriate notice. It is helpful to provide the people you ask with a list of your accomplishments and activities or your resume. Use this link <http://www.hloom.com/download/free-professional-resume-templates-for-word/> to find a template for a simple resume as well as a resume format guide. Choose a template, download it, enable editing and make it your own. If you need a letter from Mrs. Gillis, you must complete the **Confidential Student Profile** and attach a resume. (**Red documents** are located on the right side of the Guidance Page.)

The guidance office must have on file a **Transcript Release** Form signed by both the student and parent or guardian in order to release your school records to colleges, military branches or potential employers.

The annual College Fair has scheduled for **October 5, 2017 at North Country Community College**. Numerous colleges will be represented on that day. We will be providing transportation for juniors who return a signed permission slip prior to October 1, 2017. A permission slip is enclosed.

A schedule of **visits from college representatives** will be posted in the guidance office and included in the morning and afternoon announcements. Sign up in the guidance office to meet with a representative and get a pre-signed pass for the appointment.

Student athletes who plan to apply to Division One schools should fill out an application for the NCAA (National Collegiate Athletic Association) Clearinghouse as soon as school begins. Apply on-line at www.ncaa.org and click the blue button for "Eligibility Center".

Seth M'Gowan
Superintendent
District Office

Michele Pinard
LP Quinn
Elementary School

Russell Bartlett
Principal
Middle/High School

Matthew Southwick
Special Programs Director
District-Wide

Daniel Bower
Business Administrator
District Office

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Parents of college-bound students should begin thinking about financial aid options. Planning ahead will make the process easier. Please review the enclosed information sheet "Federal Student Aid at a Glance" and create a FSA ID for both student and parent at <https://fsaid.ed.gov/npas/index.htm>. This information will be required when filing out the FAFSA (Free Application for Federal Student Aid, www.fafsa.ed.gov). We will be hosting a **Financial Aid Workshop on October 3, 2017 at 6:30 PM** in the high school library to discuss this process and answer any questions you may have. Please mark your calendars and come prepared to complete the FAFSA! There are several scholarship search sites available on the internet but I have found www.fastweb.com and www.cappex.com to be very comprehensive.

A list of **Military Recruiters** is available in the guidance office. Check with me for a schedule of visits from each branch. If you are applying for early admission or ROTC please let me know as soon as possible.

Students seeking employment should visit the guidance office regularly to check job postings. Services are available to help you find a job, prepare an application and resume and prepare for an interview.

All seniors should be compiling or revising a resume including community service, employment experiences, extra-curricular activities (both in and out of school), awards and honors. This should be on file in the guidance office student portfolios by the start of school. The **Activity Sheet** can be used as a guide but this information should be put in resume form. It will be required several times throughout the year for applications for scholarships, colleges, military service and employment. Use the following link to find a template for a simple resume: <http://www.hloom.com/download/free-professional-resume-templates-for-word/>. Choose "High School Student" from the menu then scroll down and click "Make a Resume. Choose a template, download it, enable editing and make it your own.

Parents are encouraged to stay involved in all of the decision-making process. If your son or daughter is still **undecided** about future plans, please encourage him or her to complete the inventories included in the **Career Connections** program. This is a comprehensive program that includes information on careers, colleges, military programs, financial aid and self-awareness. All current seniors created an ID and password to access this on-line service at www.guidancedirect.com. Click on "Student Login". The school ID is 0018850 and the school password is T81L8985. If you have forgotten your user name / password, contact Mrs. Gillis at lisag@tupperlakecsd.net.

Parents are welcome to schedule appointments at any time during the regular school day. A limited number of evening appointments are available for parents who are unable to come in during regular hours.

Remember, employers, military recruiters and colleges look at academics, extra-curricular activities and attendance. Make a commitment to yourself to make this your most successful year. Come to school prepared every day, stay on top of your schoolwork and get involved! Have a safe and enjoyable senior year!

Sincerely,

Mrs. Lisa Gillis
School Counselor

Seth McGowan
Superintendent
District Office

Michele Pinard
LP Quinn
Elementary School

Russell Bartlett
Principal
Middle/High School

Matthew Southwick
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