

Dear Parents:

The Tupper Lake Central School District, in cooperation with the New York State Department of health and the New York State Department of Education, is offering to elementary school students a fluoride mouth-rinsing program to prevent dental decay.

This simple method of applying fluoride is safe and effective in controlling tooth decay, and requires only a few minutes of classroom time. Participants will rinse their mouths in school under direct supervision with a 0.2% neutral sodium fluoride solution for one minute once a week. A leaflet explaining fluoride mouth rinsing is attached for your information.

The Preventive Program is very important to the oral health of your child. Results show that weekly fluoride mouth rinsing reduces tooth decay for your child. We encourage you to allow your child to participate in this valuable dental health project. Your child's participation is entirely voluntary and you may withdraw your child from the program at any time. For the current school year, the program will be completely funded by the New York State Department of Health, Bureau of Dental health and your child may participate at NO COST. This Fluoride Rinsing and Education Program is, however, in no way a substitute for routine dental care. Your child must continue proper home care and routine dental check-ups. Please read and return the completed form without delay to your child's teacher.

Sincerely,

Carolyn Merrihew
L.P.Quinn Elementary School

PARENTAL PERMISSION FORM

Self-Applied Fluoride Education and Rinsing Program (SAFER)

I wish my child to participate in the Fluoride Mouthrinse Program

I do not wish my child to participate in the Fluoride Mouthrinse Program

Parent/Guardian Signature _____

Address _____ Phone No. _____

Child's Name _____ Teacher _____ Grade _____

Birthdate: _____

Please complete and return to your child's classroom teacher.

SM/jw