## TUPPER LAKE CENTRAL SCHOOL DISTRICT



Tupper Lake, NY 12986 www.tupperlakecsd.net

District Offices 294 Hosley Avenue 518-359-3371 ext. 1000 518-359-7862 (fax) Middle/High School 25 Chaney Avenue 518-359-3322 ext. 2000 518-359-9636 (fax)

LP Quinn Elementary School 294 Hosley Avenue 518-359-2981 ext. 1004 518-359-3415 (fax)

November 21, 2016

Dear Parent/Guardian,

As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report. The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier. If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please call the health office at LPQ 359-3322 ext. 1003 or at the High School 359-3322 ext. 2008 to speak to the school nurse.

Sincerely,

Russell Bartlett

Tupper Lake Middle/High School Principal

Julia Aubrey

LPO Principal